

Do You Control and Influence Your Own Life?

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[The Millionaire Mindset](#)

"People often want to do something, but find out that they actually cannot control the primary factor or the cause."

This makes sense - if others are responsible for the way you are feeling, you can't keep on "correcting" them so that their actions suit you ... Because if you start doing this, you can just as well be "correcting the world" for the rest of your life, and you still won't be happy!

There is a far more elegant solution that will bring you to your success faster and easier. The next "golden rule" for success is:

Once you discover you cannot influence a certain situation, this is only a sign that you are not dealing with the right things or are doing the right things!

As we said before, the cause for everything is always hidden within you. And if you ever believe that you are powerless in a certain situation, that only means you have given up your control over the situation.

In other words - you turned away from yourself and allowed someone else to control your situation. This deal will never come through right ... at least not the way you want it to! Because you have just detached yourself from your own personal power!

This is always the cause people are unhappy or do not have what they wish to. It's not about the cranky boss, the un-understanding partner, naughty children that take too much of your energy, the house that you always need to invest in, the government that always takes too much of your hard earned money ... No, these are just the consequences.

You can try solving these consequences over and over again, but the situation will only repeat itself sooner or later. What you need to do is turn towards yourself, face the current situation, ask yourself what you want from life ... and then even more motivate yourself to start doing the things that bring you results and those that you enjoy, and changing all the rest.

Do You Influence Your Own Life?

This concept, where we discuss things that effect or don't effect a certain situation, and how to solve them, can be used everywhere. It actually presents one of the most important factors when it comes to your well-being and joy, and with these two your general outlook on life.

You are probably often worried whether something bad might happen to your child on her way to school, or if your partners are going to pay you on time, or if you're going to get that deal you are negotiating for, or whether people will accept you the way you want them to, and similar.

The general rule, when it comes to solving any kind of situation, is:

"Discover what things worry you and you have no influence over - and forget about them and have faith they will solve themselves in the best way possible."

"Now seek out the situations you can influence and start solving them right now - from the most important one (not the easiest one!) to the others and so on!"

This way you will get plenty of energy and the feeling that you control (as least somewhat) your destiny: when you discover, in each situation you want to improve, what you can influence in the first place, you will spend your time from this day forward by only dealing with what you can influence. You will rationally invest your energy, and the results are going to be multiplied!

Something else important will take place as well if you accept this way of looking at various situations - you will become happy! Happiness actually presents your view of the circumstances! ... Which is mostly dependent on how much you can enjoy every moment and every situation, and not by compensating your "daily suffering" with money.

So, do not be tempted by "mountains of money", if the "package" doesn't include happiness as well ...

... because there will come a time when you will want to replace all your money with happiness!

The Recommended Activity

Everything always starts with the first small step. So first just take some time for yourself - now! Take a long walk. Take enough time to thoroughly listen to your favourite CD. Call your friend and tell her how you feel about her.

Whatever! Don't forget you are here to live. Don't wait for money to start dictating you your happiness - rather start enjoying yourself and living right now. You will discover that you can do many things you enjoy without much money, or without the money you presently might not have. And this is going to turn in to your fastest, most joyful and most certain path to wealth.

Because money packed with happiness can only be obtained once you are clearly certain you don't need it any more...

This is the path to wealth that leads through the heart!

Nikola Grubisa is the co-author of the best-selling [Millionaire Mindset](#) e-book. To read more of his articles and get the one book that can help you attain your desires visit [his web site](#) today!